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The Postpartum Effect: Deadly Depression In Mothers



Synopsis

The past decade has seen strides in the diagnosis and treatment of postpartum depression, which affects 400,000 women annually in the United States. Yet the most tragic of these cases—the filicides and suicides that spark tabloid frenzy—continue to be horribly misdiagnosed. Dr. Arlene Huysman, drawing on decades of clinical work, here describes the postpartum effect, the missing key to treatment. Dr. Huysman's book is designed to educate the general public, and to serve as a tool in the care provider's hands. In *The Postpartum Effect* the author records anonymous first-person testimonies from mothers who were tempted to harm their children. She constructs a profile of mothers at greatest risk of the disease. All leading up to the central question: What drives a mother to the ultimate travesty? Dr. Huysman's measured, empirical approach is a plea for understanding.

Book Information

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Customer Reviews

The Postpartum Effect: Deadly Depression In Mothers by Arlene Huysman (a practicing clinical psychologist specializing in mood disorders) cites and explains a specifically defined clinical depression experienced by some mothers who are so stricken with this devastating condition that they were tempted to harm themselves or their children. Huysman also cites and explains common misconceptions about what can be a quite severe illness arising from the aftermath of giving birth. Denouncing society's tendency to criminalize affected mothers, *The Postpartum Effect* is a profound and welcome contribution to Parenting Studies, Health and Medicine Studies, and Psychology

Studies dealing with Postpartum Depression.

This is a great informational book. I'd highly recommend it to OB/GYNs and health care providers. It is not a self-help supplement to therapy or treatment.

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